

**How to get
Involved in the
HSCB!**

Join a workgroup.

Where do you want
to make a
difference?

- Transportation
- Foster care, Adoption, Kinship Services
- Substance Abuse
- Homelessness
- Healthy Youth
- Suicide Prevention
- Hunger
- Older Adults
- Young Children
- Community Data

Contact

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Livingston HSCB

HUMAN SERVICES COLLABORATIVE BODY

QUARTERLY NEWSLETTER

SPRING 2015

What's New in Livingston?

Project Lazarus is new!

In Livingston County, heroin overdoses and deaths are on the rise according to local statistics. Livingston County law enforcement has tracked 31 overdoses — 24 males and seven females — in the county as of Dec. 5, 2014 compared to 25 total in the prior year, and the drug of choice is primarily heroin, officials said. Statistics from 911 show 187 overdose-related calls have been dispatched in 2014, which includes those people who survived. The local statistics do not reflect those who purchased drugs in Detroit and died on the way back to

Livingston County or those who died and whose families will not allow the death certificate to state the actual cause of death as an overdose.

The HSCB Substance Use Disorder workgroup (SUD) Treatment and Prevention workgroup believe through collaboration we can impact the use of opiates and opiate related overdoses and deaths in Livingston County.

The SUD workgroup invites you to a special workshop on Thursday, March 12th from 8:30 am to 4:30 pm at the Howell Opera House. The workshop will be facilitated by

Fred Wells Branson II, CEO of Project Lazarus.

Project Lazarus is an effective approach to the current issues surrounding prescription drug misuse, abuse, diversion, overdose, addiction to pain medication, and access to appropriate pain care. Together, through local collaboration, Project Lazarus and Livingston County can reduce the number of prescriptions that are misused and abused, persons addicted to prescription medications and heroin, and unintentional drug overdoses and deaths. RSVP by March 2, 2015 to lmarsall@keycenters.org or 810-220-8192.

Collaboration Works

The Healthy Habits for Youth Workgroup has worked diligently over the past 6 months collecting data and resources for a Livingston County Healthy Habits for Youth Resource Guide. This week, it is officially done!

This workgroup recognized the amount of resources that this community has to combat obesity and unhealthy behaviors. They began to see that both activities and exercise were pieces of the solution and good nutrition was another critical piece. In looking at these areas, it became clear that we have a number of local offerings to support these components of healthy habits.

What we don't have is a great place to access all of that information.

The committee decided to tackle gathering the data and did so by conducting a survey with local providers. The resources were overwhelming. Armed with this knowledge, the group decided to collect the information to be shared as a resource guide for youth and their families.

Thank you for those of you who submitted programs/services to be included, and for those who didn't have the chance, have no fear! We'll be updating this resource guide

twice yearly (February and August) so please let Chelsea know if you would like to submit a program/service for inclusion in the next edition. Our hope is that this will become a comprehensive list.

The PDF is available by contacting cmoxlow@livgov.com and will be posted on the HSCB website later this month.



The 2014 Livingston County Health Dashboard

Areas we are Improving

- Adults without health care
- Adults with diabetes
- Obese and overweight children in High School
- Infant mortality rates at both 1 year and 3 year increments
- High School students who smoked in the last 30 days.
- Less prescription drugs class 2-3 written in both scripts and lower units
- People in poverty
- Children in poverty
- High School Drop outs
- People with Bachelor's Degrees
- Median household income

Area still needing work

- Adults with fair or poor mental health status
- Obese and overweight adults and middle school kids
- High school and middle school kids engaged in exercise
- Child immunizations
- Adults who binge drink

Areas with no Change

- High school students who binge drink

For more information go to : <https://www.livgov.com/health/2014-health-dashboard>

HSCB Workgroups Hard at Work

Since 2009, Livingston County has provided Trauma Informed Assessments for children (ages birth to 18 years of age) who have been exposed to traumatic events as a result of child abuse and/or neglect. Experiencing trauma or potentially traumatic events can affect a child's functioning within the cognitive, affective, behavioral, and physiological domains. Trauma Informed Assessments (TIA) examine the effects of this trauma on the child to gather critical information that will ultimately

lead to maintaining the child safely in the community.

A team of local professionals; including social workers, counselors, occupational and speech therapists from Community Mental Health, LACASA, Livingston Educational Service Agency (LESA), a family advocate, private therapists, and a physician work together to provide the Trauma Informed Assessment. This team has received specialized training in trauma and ongoing coaching from the Children's Trauma Assessment Center at Western Michigan University, a nationally recognized

provider of trauma assessments. After the assessment, the team generates a report within 30 days and holds a follow up meeting with the family and professionals in the child's life to discuss the results and the recommendations developed.

For more information about the Trauma Informed System of Care Workgroup or to make a referral, you may contact LACASA at 517-548-1350 or www.lacasacenter.org.



Legislation to Watch

On January 12, 2015 Governor Rick Snyder signed legislation that proposes to restore Michigan's crumbling roads and bridges.

This initiative requires voter approval and has many facets to the legislation. It comes at a unique time for Livingston County because our Transportation Coalition is working hard to learn, educate and inform about our county's transportation needs and challenges. The Transportation Coalition will be providing Community

Conversations throughout the county at local senior centers and other civic organizations in April and May. It is critical that these conversations are not connected with this pending legislation. The Governor's plan has many pieces that require a voter to educate themselves about, before they vote. Our community conversations are about the needs and services for our residents.

If you have any questions about the Transportation

Coalition and the meetings being held in April and May, please contact Anne Rennie at arennie@cmhliv.org.

If you have questions about this pending legislation, please contact www.michigan.gov/fixtheroads.



Livingston County Community Taking Action

April is **National Child Abuse Prevention Month** and **Sexual Assault Awareness Month**. Agencies and organizations across Livingston County will join together to bring awareness to both issues and remind community members that we all can play a role in keeping kids safe and preventing sexual violence.

LACASA will partner with local libraries, schools, churches and other organizations to highlight sexual assault awareness month with its 17th annual **Clothesline Project**. Partners will display tee shirts decorated by Livingston County survivors and their supporters. The local project now features more than 400 shirts.

At noon on April 1, LACASA's CAP Council will host its annual **Pinwheels for Prevention** ceremony on the front lawn of the Howell Carnegie Library to launch Child Abuse Prevention Month. Throughout April, 60 community pinwheel gardens will be on display across the county.

On Friday, April 17, LACASA and First National Bank in Howell will co-sponsor a local screening of "**The Hunting Ground**". The film educates its audience about the

reality of sexual assault on college campuses and what we as parents and professionals need to know. The screening will take place at the Historic Howell Theater, followed by a Q & A session with the film's editor, Doug Barnes.

Wednesday, April 29 is **National Denim Day**, which was created in 1999 following a ruling by the Italian Supreme Court to overturn a rape conviction. The justices felt that because the victim was wearing tight jeans, she must have helped her rapist remove them, thereby implying consent. Local businesses and agencies are encouraged to recognize this day by allowing employees to wear jeans to work in exchange for a nominal donation to support LACASA programs and services.

For more information, please call LACASA at (517) 548-1350 or visit www.lacasacenter.org.



Livingston Stories of Hope

Hope. That is what the theme should be for Community Connect.

The 8th Annual Community Connect event was held at Parker Middle School on February 7th. Over 800 community members participated and over 400 volunteers supported the event.

This year we had many new things. One, it didn't snow! No really, it was a beautiful day and the event went off without a hitch. We did have new supports in the form of employment positions,

utility providers and tax information. We also had new giveaways with laundry detergent, blankets, diapers, and soup kits. Add all of this to the already wonderful array of services and giveaways...it was an amazing event.

It is impossible to experience this day without an overwhelming feeling that there is hope. That if you ever need support...it will be there. That if you need information...it will be there.

You can see it on the faces of the senior who just needed a hat, or the teenager with her new stylish hair cut, or even the Committee member getting a well deserved

Bowen Body Work session after 10 hours on his feet.

That look is Hope.

Thank you for joining us, because together we do create HOPE!





Livingston County Human Services Collaborative Body

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*Ensuring a system of support for
members of our community.*

What is the Purpose of the Livingston County HSCB?

The Livingston HSCB started in 1989 and was officially recognized as the county Multi-Purpose Collaborative Body by the state and county Board of Commissioners in 1995. Now, referred to as a Community Collaborative by the state, the HSCB is comprised of 26 appointed members that work together to coordinate health and human services across systems. The HSCB also:

- Develops strategies and programs to meet current and future needs
- Fiscally manages state-funded collaborative initiatives
- Monitors the effectiveness and efficiency of collaborative projects

The HSCB does this work through established committees and workgroups which have specific goals and objectives to complete. The HSCB and most workgroups meet monthly and consist of representatives from public and nonprofit organizations, business, and interested residents of the county. To learn about the work of the HSCB, contact Anne Rennie at arennie@cmhliv.org.

Upcoming Events in Livingston

*"Individually, we are one drop.
Together, we are an ocean."*

Big Brothers and Big Sisters have their Annual Bowl for Kid's Sake on March 20-22nd. They are forming teams now. This is a fun way to include the whole family in supporting the community. If you have questions, please contact 517-546-1140 or Email: bbbslc@sbcglobal.net

The Livingston County Hunger Council will be holding an event on March 27th at the Howell Historical Theatre. The event will include the Movie "Fed Up" and will include information and presentations related to the mission of ensuring all Livingston County residents with ENOUGH GOOD food.

Community Foundation 101. Please join us as we discuss the Community Foundation and learn how to work with this wonderful funding source. March 10th from 9-10:30 at Crystal Garden

Livingston County Catholic Charities will be celebrating their 30th Anniversary with a "Salute to the Stars and Celebrity Dance Competition" on March 21st. The Event will begin with a 5 pm Mass at St. Joseph Church in Howell and will follow with a dinner and celebration at 6:30 at the Johnson Center at Cleary University. For more information, call Julie at 517-545-5944.

Community Mental Health Authority (CMH) will be holding their 2015 Town Hall Meeting on May 5th from 6-8 pm at Three Fires Elementary. For more information contact Leslie Hall at lhall@cmhliv.org.

LOVE Inc. will be holding their 1st Annual Golf Outing. It will be held on May 9th at the Whispering Pines Golf Club. 9 a.m. Shotgun Start. For more information, contact LOVE Inc. at 517-552-3970

The Livingston County Consortium on Aging presents the 7th Annual Caregiver Fair. The event will be held on May 16th from 9-130 at The Brighton High School Cafeteria. Free Admission! For more information, contact Mark Swanson at 810-923-4173

Area Agency On Aging 1-B is offering the Sixth Annual Judith J. Wahlberg Memorial Lecture: Myth Busting Common Concerns about Aging. This will be held April 1st from 8:30-3 pm at the Troy Community Center. Registration is available on-line ONLY at www.jjw2015.eventbrite.com. Any questions, please contact Andrea Mulheisen at amulheisen@aaa1b.com